

9/10 Pitch Counts

LIMIT 75 PITCHES

No Rest Required	1-20
1 Day Rest Required	21-35
2 Days Rest Required	36-50
3 Days Rest Required	51-65
4 Days Rest Required	66+

Per Little League rules, a pitcher who delivers 41 or more pitches may not play catcher that day.

Any player, who has played the position of catcher in four (4) or more innings in a game, is not eligible to pitch on that calendar day.

[illegible]

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